Social Prescribing Seminar Agenda

**Monday 11th November 2019**

**Mid Herts Music & Arts Centre, Hatfield**

| **Time**  | **Item** |
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| 9.00 am | **Registration and refreshments** |
| 9.30 am  | **Welcome**Jo Askham, Chair of the Art of Wellbeing Group, Hertfordshire Year of Culture 2020 |
| 9.35 am  | **Keynote: An outline of the Social Prescribing structure in Hertfordshire**Tim Anfilogoff, NHS Herts Valleys CCG and NHSE Social Prescribing Facilitator, East of England |
| 9.50 am | **Video presentations:** Dr Marie Anne Essam, Clinical Lead for Social Prescribing, NHS Herts Valleys CCGDebs Taylor, Peer Project Development Worker, Creative Minds |
| 10.10 am | **Arts on Prescription: Arts for positive mental health**Emily Bradfield, Interim CEO, Arts & Minds, Cambridge |
| 10.35 am | **'Unmasking Wellbeing' Arts on Prescription Case Studies**Helen Barnett, Creative Director, Trestle Theatre |
| 10.55 am | **How the Herts Year of Culture 2020 can help extend your social prescribing offer**Nick Denham, Head of Participation and Inclusion, Hertfordshire Music Service & Hertfordshire Year of Culture 2020 |
| 11.15 am | **Different approaches to Social Prescribing:** Anna Schofield, Artist & Mindfulness Coach Dr Paul McNally, Parkbury House Surgery Community Garden Carrie Washington, Dance Consultant and Project Manager,BEEE Creative CICMichael Davidson, Head of Rock, Family and Community Music, Hertfordshire Music Service |
| 11.45 am | **Exploring ways we can include creative and cultural activities into a Social Prescribing Offer** |
| 12.20 pm | **Feedback and Next Steps** |
| 12.50 pm | **Summing Up**Jo Askham, Chair of the Art of Wellbeing Group, Hertfordshire Year of Culture 2020 |
| 1.00pm | **Lunch and Networking** |

All presentations will be available on the Creative Hertfordshire Resources page, <https://www.creativehertfordshire.com/resources/>