Social Prescribing Seminar Agenda

**Monday 11th November 2019**

**Mid Herts Music & Arts Centre, Hatfield**

| **Time** | **Item** |
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| 9.00 am | **Registration and refreshments** |
| 9.30 am | **Welcome**  Jo Askham, Chair of the Art of Wellbeing Group, Hertfordshire Year of Culture 2020 |
| 9.35 am | **Keynote: An outline of the Social Prescribing structure in Hertfordshire**  Tim Anfilogoff, NHS Herts Valleys CCG and NHSE Social Prescribing Facilitator, East of England |
| 9.50 am | **Video presentations:**  Dr Marie Anne Essam, Clinical Lead for Social Prescribing, NHS Herts Valleys CCG  Debs Taylor, Peer Project Development Worker, Creative Minds |
| 10.10 am | **Arts on Prescription: Arts for positive mental health**  Emily Bradfield, Interim CEO, Arts & Minds, Cambridge |
| 10.35 am | **'Unmasking Wellbeing' Arts on Prescription Case Studies**  Helen Barnett, Creative Director, Trestle Theatre |
| 10.55 am | **How the Herts Year of Culture 2020 can help extend your social prescribing offer**  Nick Denham, Head of Participation and Inclusion, Hertfordshire Music Service & Hertfordshire Year of Culture 2020 |
| 11.15 am | **Different approaches to Social Prescribing:**  Anna Schofield, Artist & Mindfulness Coach  Dr Paul McNally, Parkbury House Surgery Community Garden  Carrie Washington, Dance Consultant and Project Manager, BEEE Creative CIC  Michael Davidson, Head of Rock, Family and Community Music, Hertfordshire Music Service |
| 11.45 am | **Exploring ways we can include creative and cultural activities into a Social Prescribing Offer** |
| 12.20 pm | **Feedback and Next Steps** |
| 12.50 pm | **Summing Up**  Jo Askham, Chair of the Art of Wellbeing Group, Hertfordshire Year of Culture 2020 |
| 1.00pm | **Lunch and Networking** |

All presentations will be available on the Creative Hertfordshire Resources page, <https://www.creativehertfordshire.com/resources/>